

# Strengthen your parent-child relationship with the Circle of Security© Parenting™ Program

All parents wish children came with instructions. It often feels like we're just making it up as we go along, never sure if we're getting it right.



## You're not alone. We've all felt that way.

When your child's behavior has you confused and frustrated, it's not uncommon to wonder what's wrong with him... or what's wrong with you. We find ourselves asking, "Why would she behave this way?", "Is there something wrong with him?", or "Why doesn't she like me?"

## Build a stronger relationship for your child's long-term success.

Circle of Security© Parenting™ is an 8-week parenting program based on years of research about how to build a strong relationship with your children. It is designed to help you learn how to respond to your child's needs in a way that enhances your connection with him, which often leads to changes in the child's behavior. Circle of Security© Parenting™ helps parents give their children a feeling of security and confidence so they can explore, learn, grow, and build positive relationships - all essential skills for life-long success.

## Be bigger, stronger, kinder, and wise.

Through the Circle of Security© Parenting™ program, you'll start to see that your child's need for attention is actually a need for connection with you. You'll learn how to be bigger, stronger, wiser, and kind so you can both set limits and still take the time to understand your child's emotional world.

## About Our Groups

